March 14, 2018

Dear National Parks Arts Foundation;

Thanks so much for your patience in this process. I have the intention of being available in several places for the season and would like to continue with our collaboration. As my summer schedule gets finalized, I am excited about building a program that is transferable to many locations. Ultimately, the project would become self sufficient through local engagement.

Please continue to email me as you reach your deadline. Some future additional locations include:

- America's Stonehenge, Salem, NH
- Glacier National Park, MT
- St. Catherine's island, GA

Our collaboration requires very little on site visitation. Most of my involvement is administration, although I plan the actual workshop to be delivered by myself intially. Post workshop consultation for local participating business maybe provided.

Much Appreciated,

Amie Comeau

Biography/Portfolio

** Workshop Proposal Summary: Please describe your planned 2-5 day workshop and which National Park, National Monument or other park you would like to be teaching in and why. Let us know how your past workshops have helped others in their artistic endeavours and what your process is to continually engage your students and if you have retained their interest in following your workshops. Please include any thing else we may need to know, relevant to your workshop or workspace.**

My two day workshop in the Green Mnt. National Forest at White Rock Cliffs will be adaptive to participant needs. The content will include psycho-social topics such as self-care, therapeutic

boundaries, biomimicry, and arts in medicine. The structure of my workshop(s) follows a four-part creative process. There will be scholarship, as well as, personal recreation opportunities. These activities are adult only, thank you.

What is your artistic area of expertise? My artistic area of expertise is Fitness and Philosophy.

How do you plan to present your workshop ? I plan to present in stages: Inspiration, Research, Production, and Sharing.

Why do you feel the location of the park you chose is a good learning environment for your students and would be a good fit for your work and process reflecting park aspects, inspired by park resources ? I feel the location of the parks is a superb learning environment because my instructional curriculum relies heavily on nature as a tool for discovery.

I feel the park is a good fit for my work in education because it fosters connection to the natural world and replaces media distractions (cell phones, screens, video cameras etc.)

I expect there are local studios willing to sponsor participation slots, provide additional instructor events, volunteer teaching assistants. My topics of arts in medicine and biomimcry augment the creative agenda. I need a budget coordinator for administrative scheduling tasks.

What help or equipment do you need/expect from other people?

Recreational Vehicle for site scouting in pre-workshop arrival plan. Scholarship administration and guest welcome/hospitality awards will be expected by volunteers at site or for contract fee.

Amie Comeau
maplemavin@gmail.com
802-285-6057 landline
802-276-1366 voicemail

Summary of Qualifications

- Bachelor Degree, from Tulane University, 1998.
- Five years' administrative and teaching experience with Universities in Vermont and New Mexico.
- Direct experience as facilitator of wellness based on ten years experience, 1,000 + teaching hours, and art-based curriculum for small groups.
- Specific experience with strategic communications.

Work History

Self Employed

Clients: North Pines Pilates and Yoga/Post Falls, ID Schools/Spokane Public Schools
5/2009 – current
Develop course materials for classes in Integrative Yoga Therapy.
Communicate, design and distribute information through media services.
Create programmatic pedagogy.

Research Specialist,
01/2008 - 08/2008
Franklin County Caring Communities
Host public relations with local print, radio and television contacts.
Advance community understanding of substance abuse and mental health initiatives.
Outreach, establish and support the development of strategic plan for funding.
Write narrative and financial reports for federal funding agency.
Recruit and facilitate focus groups; interview law enforcement.

Staff,
Rubenstein School for Environment and Natural Resources
9/25/06 - 8/15/08
Administrative management for Chair of Natural Resource Curriculum undergraduate program.
Program faculty assistance in forestry, natural resources, wildlife and fisheries, and the gund institute.
Budget reports and re-allocations, proposal management and authoritative guidance to faculty and staff.
Implemented yoga classes within the Residential Health and Wellness Learning Community.

Additional References for Amie Comeau

Rose Feenan, Associate Dean, Supervisor UVM

rfeenan@uvm.edu

802-656-3326

Colleen Kelly-Alexander, Public Speaker (co-worker Franklin County Caring Communities)

http://colleenkellyalexander.com/

802-782-4769

Johanna Yegge
3418 W Glass Ave
Spokane, WA 99205
October 1, 2014

RE: Amie Comeau

To Whom It May Concern:

I'm an employee of Spokane Public Schools, but actually know Amie Comeau from a different venue. She and I met when she was a yoga instructor at the YMCA. Her approach to yoga quickly became my favorite among the instructors, and I regularly attended her classes.

I enjoyed her approach so much, that I brought my husband and out of town visiting family members to participate in her class on several occasions.

Amie exudes an air of calm, positivity, and lightness. Her interpersonal skills and affect would make her a good candidate for a position involving direct human interaction.

I am happy to give her my endorsement.

Sincerely,

Johanna Yegge

P.O. Box 58
Montgomery, VT 05470

January 31, 2016

To whom it may concern:

It's a great pleasure to recommend Amie Comeau. Amie and I worked together in 2008 at Franklin County Caring Communities in St. Albans, VT, where I supervised her. One of the outcomes of her assignment was an assessment of the factors underlying an supporting underage and high risk drinking in our county. Amie's report was comprehensive, insightful, and passionate. She dug deep for a thorough understanding of the issue.

The way she approached the topic and her process when studying underage and high risk drinking especially impressed me. Amie combined applied her skills, talent, experience, and experience of the human condition to her research in a way that truly speaks to her creativity, reaching out to young adults in the community, organizing and carrying out focus groups with enormous attention to comfort, mood, setting, and engaging people in meaningful conversation. While she worked at Caring Communities, she continued to nurture her yoga teaching and reach out to people to offer yoga. This practice and Amie are entwined; wherever she is and whatever she is doing, her love of yoga, teaching, and helping people overcome trauma will lead.

Amie's affinity for people, for deep conversation, for thoughtful analysis and creative expression lead me to think that she would flourish and would bring a richness of experience to the residence that would benefit your community. Amie embodies a creativity that is not limited to writing; she creates her life anew to embrace new opportunities, experiences, and people. She is honest, she lives her life with passion, and she has a unique and fascinating perspective on things that matter to her. When I talked with her about this program, she said that she would use this position as a way to focus on writing and combine teaching, writing, editing, with the engagement of students, and use it as a "provocation to write more often." And she will.

Please give serious consideration to Amie. She has much to offer the program and much to gain from this opportunity.

Yours truly,
Beth Crane
802 326-4603; beth@daybell.net

Laura Galbreath, YMCA Supervisor

509-481-8234

Date: July 22, 2010

Re: Trainer Candidate, Amie Comeau

July 22, 2010

To whom it may concern:

Amie Comeau has our approval and recommendation as a Trainer Candidate for RTE Spokane, September 2010, for Pilates Trainer.

She is a quality instructor, team player, responsible with her own certification requirements and continuing education, and interested now as well as has the aptitude for
training others.

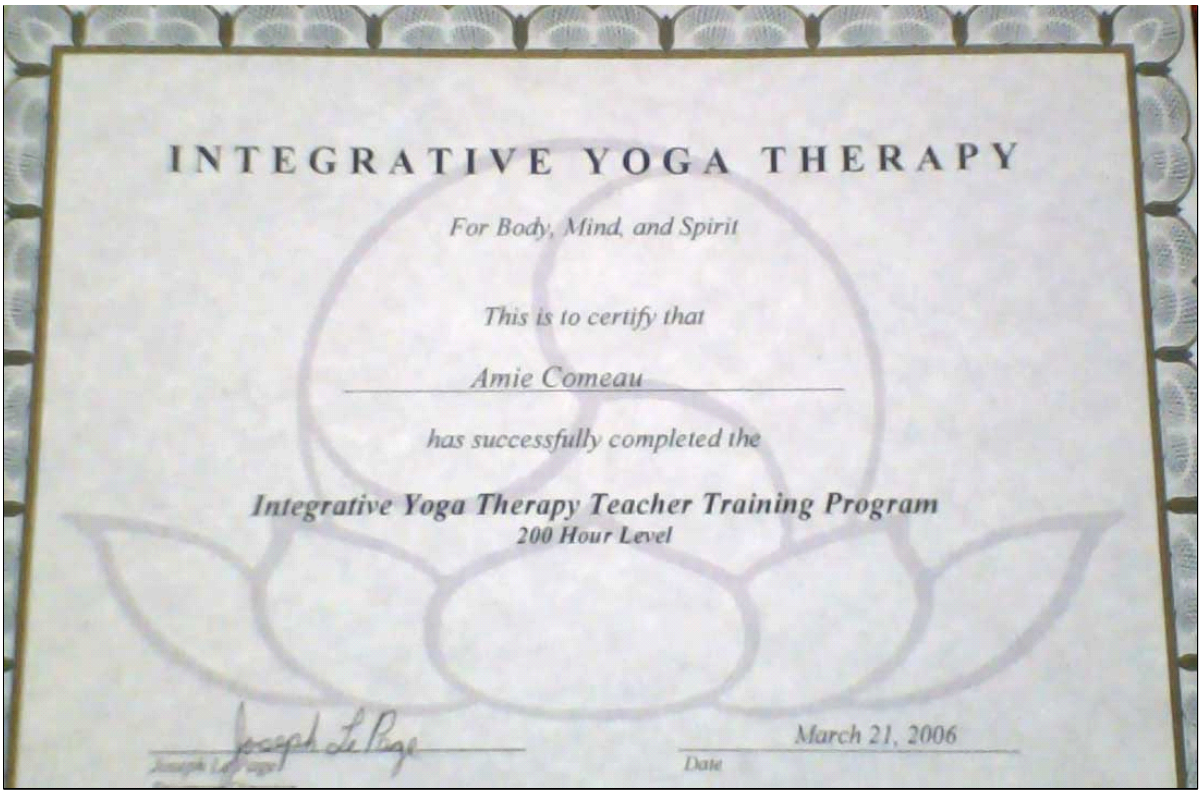
She believes in the mission of the Y and supports the relationship building that is taking
place in unprecedented measure here in the Inland Northwest Y's.

We support her Trainer Candidacy.

Sincerely,

Laura Galbreath
Supervisor and Association Group Exercise Coordinator

Student Transcript
UNM Continuing Education
1634 University Blvd., NE University of New Mexico, Albuquerque, NM 87102
Student
Amie Comeau
2529 Chelwood NE
Apt. B
Albuquerque, NM 87112
Class Information
Course/Class # 06476 / 2496 Class Grade None
Class Name 06476 Pilates Reformer, Section
SAA
Hours attended / Of
Possible
12.00 of
12.00
Class Start Date/Class End
Date 06/06/2005 / 08/01/2005
Instructor Mariana Shedden
Class Rating
Registration Confirmation
Division of Continuing Education
The University of New Mexico
UNM Continuing Education UNM.htm



INTEGRATIVE YOGA THERAPY

For Body, Mind, and Spirit

This is to certify that

Amie Comeau

has successfully completed the

Integrative Yoga Therapy Teacher Training Program
200 Hour Level

Joseph LePage
Joseph LePage

March 21, 2006
Date

Kootenai Medical Center

Coeur d'Alene, Idaho

certifies that

Anne Comeau

has completed

Stewards of Children
Darkness to light

May 18, 2009
Date

Anita L. Ward RNC, BSN
Anita L. Ward, RNC, BSN

This offering has been approved by the Idaho Nurses Association, which is an accredited approver by the [illegible] Credentialing Center's Commission on Accreditation.

Certificate of Completion

This certificate of completion is awarded to

Amie Comeau

For successful completion of the Listen First Workshop I & II

YMCA ACTIVATE AMERICA

YMCA of the Inland Northwest – Spokane, WA

11.7.2010

11.7.2010

Certificate of Training

This is to certify that the certificate holder

Amie Comeau

has successfully completed one hour of professional development by completing the online **Digital Literacy & Citizenship Curriculum** training.

Rebecca Randall

Rebecca Randall
Vice President of Education Programs

January, 2, 2014

Date of Completion

common sense media

www.commonsense.org

Common Sense Media is dedicated to improving the lives of kids and families by providing the trustworthy information, education, and independent voice they need to thrive in a world of media and technology.

McGraw-Hill CONSTRUCTION Continuing Education Center

Certificate of Completion

This certifies that

Amie Comeau

has successfully completed

A Natural Choice

AIACES Course Number K1109D

Earning 1 HSW Learning Unit (LU) Hours

On November 17, 2013

Laura Viscusi, Vice President McGraw-Hill Construction Integrated Media

McGraw-Hill Construction is an AIA/CES Provider J047
Two Penn Plaza, New York, NY 10121
800-393-6343

This course was approved by the Green Building Certification Institute for 1 GBCI CE Hour for LEED Credential Maintenance. GBCI Course Number 0090006595.

Amie Comeau

Functional Color and Design in Education Environments

AIACES Course Number K1306S
Earning 1 HSW Learning Unit (LU) Hours

On December 15, 2013

Amie Comeau

Coming Soon to a Neighborhood Near You

AIACES Course Number K1307G
Earning 1 HSW Learning Unit (LU) Hours

On November 11, 2013